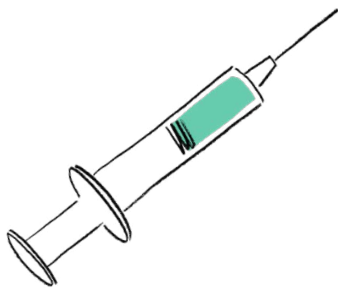


Influenza and coronavirus vaccine



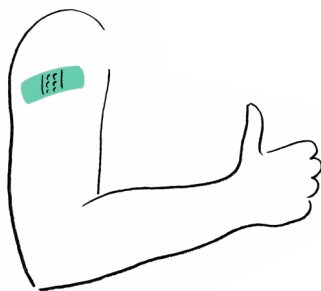
Who should have the vaccine?

- Everyone over the age of 65 should get both vaccines.
- Individuals who are chronically ill, morbidly obese or pregnant should also get the vaccines.
- Talk to your doctor if you are unsure if this applies to you.



How do the vaccines work?

- The vaccines teach the body to defend itself against influenza viruses and coronaviruses.
- The vaccines are given as an injection in the arm and can be given at the same time.
- It will take 1-2 weeks for the vaccines to start working.



After vaccination

- Many people feel a little sore around the injection site, which can become a little red and swollen.
- Some individuals experience fever, muscle aches, feeling sick or fatigued.
- These symptoms will go away after a few days.
- Please contact your doctor if you are unsure about any symptoms you are experiencing after vaccination.



This information sheet can be downloaded from www.fhi.no/influensavaksine and fhi.no/voksenvaksinasjon